



Where does Walk to School fit into other schools initiatives?

1. Eco-Schools

The Government in England wants every school to be a sustainable school by 2020. The Eco-Schools programme is the largest sustainable schools programme in the world currently running in 43 countries involving 27,000 schools and 6 million students. Keep Britain Tidy run Eco-Schools in England with over 55% of schools (12,100) registered.

Joining the Eco-Schools programme is free and it makes tackling sustainable issues manageable and easy for all schools. Once registered, schools follow a simple seven-step process which helps them to address a variety of environmental themes, ranging from litter and waste to healthy living and biodiversity.

Schools work towards gaining one of three awards – Bronze, Silver and the prestigious Green Flag award, which symbolises excellence in the field of environmental activity. Bronze and Silver are both self accredited through this website and Green Flag is externally assessed by Keep Britain Tidy.

The framework supports schools to work on different environmental and sustainable topics. There are 9 topics that Eco-Schools in England can work on, these are:

1. Transport
2. Waste
3. Water
4. Litter
5. School Grounds
6. Healthy Living
7. Energy
8. Biodiversity
9. Global Perspective

Walk to School fits into Transport and will help achieve the various targets which are needed. Schools can meet the main requirements of the Eco-Schools transport theme by drawing up a school travel plan.

More information here: <http://www.eco-schools.org.uk/nine-topics/transport.aspx>

Sustainable Schools

The DCSF would like all schools to be sustainable by 2020, and to prepare young people for a lifetime of sustainable living. The National Framework for Sustainable Schools has been established by the Government to help schools understand what they need to do to achieve this aim.

The National Framework comprises three interlocking parts: a commitment to care; an integrated approach; and a selection of 'doorways' or sustainability themes.

Travel and Traffic is one of the 8 doorways, where vehicles are used only when absolutely necessary and where there are exemplary facilities for healthier, less polluting or less dangerous modes of transport. Taking part in the Walk to School campaign will help schools:

1. Hold special promotions for active travel.
2. Incorporate sustainable travel activities across the curriculum
3. Arrange training for walkers and cyclists and on independent travel
4. Find ways of involving pupils who are obliged to travel by car by encouraging Park and Stride
5. Liaise with feeder schools to agree guidance for transition pupils on sustainable travel by partaking in our secondary schools campaign, Step Up (more information at stepup.org.uk)

More info and tips can be found on the website:

<http://www.teachernet.gov.uk/sustainableschools/index.cfm>

Healthy Schools

The Healthy Schools Programme (NHSP) is a joint initiative between DCSF and Department of Health (DH) - which promotes a whole school / whole child approach to health. The Programme has existed since 1999. It is recognised as a key delivery mechanism in the Children's Plan (DCSF 2007) and in Healthy Weight, healthy Lives (DH 2008) – 21st Century White Paper reference.

The National Healthy Schools Programme has four themes. The four core themes relate to both the school curriculum and the emotional and physical learning environment in school. Each theme includes a number of criteria that schools need to fulfil in order to achieve National Healthy School Status and the minimum requirements for achieving each. Walking to School particularly helps achieve the below themes:

1. Physical Activity

- Physical activity contributes significantly to the being healthy national outcome for children
- Children/young people are provided with a range of opportunities to be physically active
- They understand how physical activity can help them to be more healthy, and how physical activity can improve and be a part of their every day life

This includes:

- [3.1 Physical Activity Leadership & Monitoring](#)
- [3.2 Whole School Physical Activity Policy](#)
- [3.3 Structured Physical Activity Hours](#)
- [3.4 Extra Curricular Activities](#)
- [3.5 Consulting Children and Young People](#)
- [3.6 Schools Sport Co-ordinators](#)
- [3.7 Encouraging Walking & Cycling to School](#)
- [3.8 Parents & Carers Involved in Planning and Delivery](#)
- [3.9 Appropriate Training](#)
- [3.10 Encouraging All Staff](#)

2. Emotional Health and Well-being, including bullying

- Emotional health and wellbeing contributes significantly to all five national outcomes for children and young people: being healthy, staying safe, enjoying and achieving, making a positive contribution and economic wellbeing

3. Personal, Social, Health and Economic (PSHE) education, including SRE and drugs education

4. Healthy Eating

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