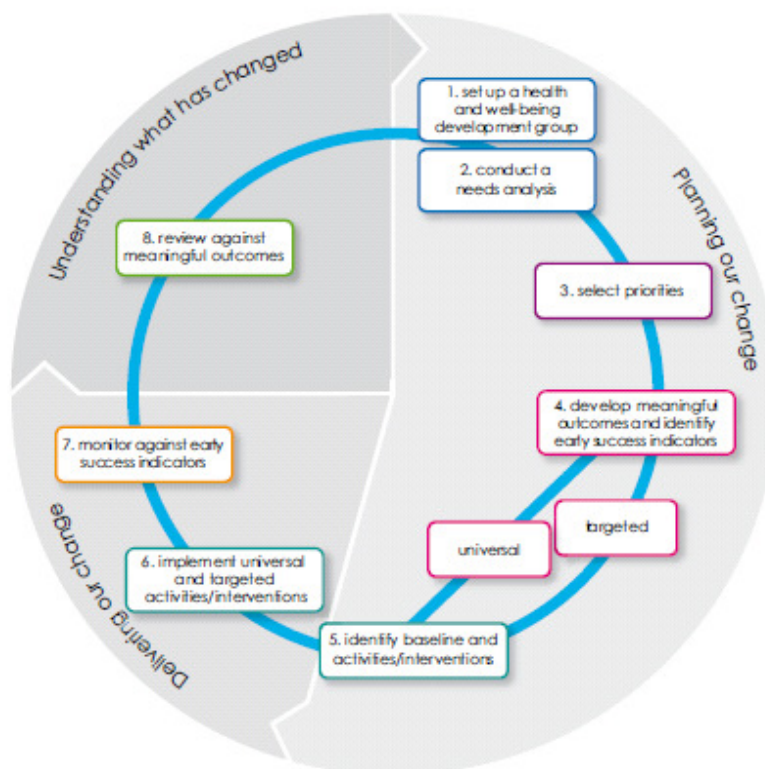


Enhanced Healthy Schools

The Healthy Schools enhancement model has been designed to help schools develop the wider thinking and planning they will need to achieve better outcomes around health and well-being for children and young people. It has also been designed to help schools to strive for lasting health and well-being behaviour changes in children and young people, with particular focus on providing targeted support for those who are most at risk.

The model sets out a series of manageable stages (see diagram below) to help schools to assess their needs, and to plan, deliver and monitor new health intervention activities over a 2-3 year period. The Healthy Schools enhancement model will provide primary care trusts, local authorities and their schools with additional support to better equip them in providing both universal and targeted health interventions to help address a range of these issues within the school context.

Healthy Schools enhancement model



Schools achieve National Healthy School Status by evidencing that they have in place 41 criteria, across the programme's four themes: PSHE education, emotional health and well-being, healthy eating and physical activity. The Healthy Schools enhancement model is about enabling schools to move beyond this firm foundation for improved health and well-being, and will support schools in developing further targeted activities to bring

about healthier behaviours amongst children and young people, with a particular emphasis on addressing local needs and priorities.

Any school can participate, but schools must have successfully achieved the criteria for National Healthy School Status (NHSS) before they can move onto the enhancement model.

Information from: <http://resources.healthyschools.gov.uk/s/Enhancement> and A Guide to Healthy Schools Enhancement Model: School Handbook available for download from <http://resources.healthyschools.gov.uk/s/Enhancement>